

DESERT BREEZE AQUATIC FACILITY

8275 W. Spring Mountain Rd., Las Vegas, NV 89117 (702) 455-7798 togetherforbetter

General Information

Admission Fees

Effective: September 26th, 2024

Youth (3-17 YRS.) \$2 Adult (18-54 YRS) \$3 Senior (55+ YRS) \$1

Swim Passes

Swim Passes can be purchased at any **Clark County Community Center or** Aquatic Center.

90-Day Family Pass \$100

Includes up to 4 family members in the same household. Additional members can be added for \$20 each.

90-Day Individual

Youth (3-17 YRS) \$40 Adult (18-54 YRS) \$60 Senior (55+ YRS) \$20

Annual Family Pass \$300

Includes up to 4 family members in the same household. Additional members can be added for \$40 each.

Annual Individual

Youth (3--17 YRS) \$120 Adult (18-54 YRS) \$180 Senior (55+ YRS) \$60

Pool Closure Dates

Oct. 5th - Closed for Staff Training Oct. 25th - Nevada Day Observance Oct. 31st - Closed @ 11a Nov. 11th - Closed Nov 27th - Closed @ 11a Nov 28th, 29th & 30th - Closed Dec. 5th - Closed at 2:00p Dec. 16th, 17th & 18th - Family Pool Closed 2p-8 Dec. 24th - Closed @11a Dec. 25th - Closed

Indoor LAP Swim Hours

Large Lap Swimming Pool. Lap pool has multiple lanes, 25yrds, & is 7 feet deep.

Saturday	8:00am-2:00pm
	2:30pm-8:00pm
Monday - Friday	5:30am-11:00am &

Sunday.....CLOSED

*The number of laps lanes varies throughout the day due to other programming at the pool.

Indoor FAMILY Swim Hours

Shallow (Kid) Pool, 3ft - 5ft deep

Monday - Thursday	5:30am-8:30am & 2:30pm -4:00pm
Friday	5:30am-9:30am & 2:30pm-8:00pm
Saturday	11:00 am -2:00pm
Sunday	CLOSED
*The amount of space for on	on swim varios

*The amount of space for open swim varies throughout the day due to other programming at the pool. At times you will need to share open swim space with others.

Outdoor Waterpark Hours

Waterpark features a shallow water beach entry, a play structure and two water slides.

CLOSED UNTIL SUMMER 2025!

Please note that pool hours/days of operation are subject to change. Closure for inclement weather, special events, and unforeseeable events may occur.

Class Registration Information

Session 7 Registration September 26th, 2024 @7:00 AM

Session 7 Dates

7A - Oct. 7th - Oct. 24th 7B - Oct. 28th - Nov. 14th SAT. - Oct. 12th - Nov. 16th *Saturday classes are a 6 week session

*For Session 7B - there is no class on October 31st for Halloween or on November 11th for Veterans Day. Session 7B classes will be \$25.

This brochure reflects dates/times for Session 7 ONLY.

Session 1 Registration

December 19th, 2024 @7:00AM

Session 1 Dates

1A - Jan. 6th - Jan. 24th 1B - Jan. 27th - Feb. 13th SAT. - Jan. 11th - Feb. 15th *Saturday classes are a 6 week session

For Session 1A - there is no class on January 20th for MLK Day. M/W classes will be \$25

Scan the QR Code or Register Online At: www.ClarkCountyNV.gov/ParksRegistration



Youth Swimming Lessons - 3 Weeks

Water Introduction - 30 min.

Recommended Age: 6 MO. - 5 YRS. Participant Ratio: 1 instructor to 10 parent/guardian & student pairs An adult MUST be in the water at all times during classes.

Pool Location: Family Pool (0 to 4 feet) **Class Goals:** To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together.

Skills Included: Safe water entry & exit, blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

Skills Required to Pass: 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

Children who require diapers must wear a swim diaper under their swimsuit

Water Introduction

Session 7A			
<u>Day</u>	Dates_	<u>Times</u>	<u>Cost</u>
M/W	10/7 - 10/23	4:00pm	\$30
T/TH	10/8 - 10/24	4:00pm	\$30
T/TH	10/8 - 10/24	5:00pm	\$30
SAT	10/12 - 11/16	8:15am	\$30
Session 7B			
M/W	10/28 -11/13	4:00pm	\$25
T/TH	10/29 - 11/14	4:00pm	\$25
T/TH	10/29 - 11/14	5:00pm	\$25

Activity Code: 752100

Youth Swimming Lessons Cont. - 3 Weeks

Water Independence - 30 min.

Recommended Age: 3 YRS - 8 YRS

Participant Ratio: 1 instructor to 6 participants

Pool Location: Family Pool (0 to 4 feet) Skills Required to Enter:1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting Class Goals: To build basic water competency with minimal support. Skills Included: Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

Skills Required to Pass: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

Water Independence

Session 7	<u>/A</u>		
<u>Day</u> M/W	<u>Dates</u> 10/7 - 10/23	<u>Times</u> 4:00pm, 5:00pm	<u>Cost</u> \$30
	10/7 10/25	6:00pm	450
T/TH	10/8 - 10/24	4:00pm, 5:00pm 6:00pm	\$30
SAT	10/12 - 11/16	8:15am	\$30
Session 7	<u>7B</u>		
M/W	10/28 -11/13	4:00pm, 5:00pm, 6:00pm	\$25
T/TH	10/29 - 11/14	4:00pm, 5:00pm, 6:00pm	\$25
Activity Co	ode: 752101		

Stroke Introduction - 45 min.

Recommended Age: 5 YRS - 9 YRS Participant Ratio: 1 instructor to 6 students

Pool Location: Family Pool & Lap Pool (5 to 7 feet)

Skills Required to Enter: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support Class Goals: To refine freestyle, introduce backstroke, swim without any

support, and build confidence entering the lap pool.

Skills Included: Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 3) Swim approx. 12 yards of backstroke independently

Stroke Introduction

Session	<u>7A</u>		
<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>
M/W	10/7 - 10/23	4:00pm, 5:00pm 6:00pm	\$30
T/TH	10/8 - 10/24	4:00pm, 5:00pm 6:00pm	\$30
SAT	10/12 - 11/16	9:00am	\$30
Session	<u>7B</u>		
M/W	10/28 -11/13	4:00pm, 5:00pm, 6:00pm	\$25
T/TH	10/29 - 11/14	4:00pm, 5:00pm, 6:00pm	\$25
Activity (Code: 752102	·	

Stroke Progression - 45 min.

Recommended Age: 6 YRS - 12 YRS Participant Ratio: 1 instructor to 8 students

Pool Location: Lap Pool (5 to 7 feet) **Skills Required to Enter:** 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently **Class Goals:** To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to introduce elementary backstroke and breaststroke.

Skills Included: Side breathing for freestyle to improve proficiency & endurance, refined backstroke, elementary backstroke, breaststroke, basic treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

Stroke Progression

<u>Session</u>	<u>7A</u>		
<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>
M/W	10/7 - 10/23	5:00pm	\$30
T/TH	10/8 - 10/24	6:00pm,7:00pm	\$30
SAT	10/12 - 11/16	9:00am	\$30
<u>Session</u>	<u>7B</u>		
M/W	10/28 -11/13	5:00pm,	\$25
T/TH	10/29 - 11/14	6:00pm, 7:00pm	\$25

Activity Code: 752103

<u>Advanced Stroke Development -</u> <u>45 min.</u>

Recommended Age: 7 YRS - 12 YRS Participant Ratio: 1 instructor to 10 students

Pool Location: Lap Pool (7 feet) **Skills Required to Enter:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

Class Goals: To refine all basic swimming stokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

Skills Included: Refined elementary backstroke & breaststroke, introduce sidestroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

Skills Required to Pass: 1) Tread for 1 minute 2) 5 strokes of butterfly 3) 25 yards of breaststroke 4) 25 yards of freestyle w/ effective side breathing 5) 25 yards of backstroke 6) 25 yards of elementary backstroke

Advanced Stroke Development

<u>Sessio</u>	<u>n 7A</u>		
<u>Day</u>	Dates_	<u>Times</u>	<u>Cost</u>
M/W	10/7 - 10/23	6:00pm	\$30
T/TH	10/8 - 10/24	7:00pm	\$30
SAT	10/12 - 11/16	10:00am	\$30
<u>Sessio</u>	<u>n 7B</u>		
M/W	10/28 -11/13	6:00pm	\$25
T/TH	10/29 - 11/14	7:00pm	\$25

Activity Code: 752104

Youth Programs - 6 Weeks

Recreational Swim Team - 60 min.

This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice developing strokes and improve personal times and skills. Emphasis is on personal improvement.

Recommended Age: 6 YRS - 17 YRS

Skills Required to Enter:

1) Swim 25 yards of freestyle with effective side breathing

2) Swim 25 yards of backstroke

3) Swim 25 yards of elementary backstroke

4) Swim 25 yards of breaststroke.

5) Swim 5 strokes of butterfly

6) Complete 1 minute of treading.

It is highly recommended that the participant complete Advanced Stroke Development before enrolling.

Dates: October 7th - November 13th *NO class 11/11/2024

Swim Team			
<u>Day</u>	Dates_	<u>Times</u>	Cost
M/W	10/7 - 11/13	7:00pm - 8:00pm	\$55

Activity Code: 752108



Adult/Teen **Swimming Lessons - 3 Weeks**

Recommended Age: 13 & Older Beginner - 45 min.

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to overcome apprehension and learn basic swimming skills such as floating,

submersion, and basic stroke development. This class mostly takes place in shallow water, however it may move to deep water depending on participants' readiness.

Adult/Teen Beginner Lessons

Session 7A:

<u>Day</u>	<u>Dates</u>	<u>Times</u>	Cost
T/TH	10/8 - 10/24	7:00pm	\$30
SAT	10/12 - 11/16	10:00am	\$30
Session	<u>7B:</u>		
T/TH	10/29 - 11/14	7:00pm	\$25

Activity Code: 752107

*For Session 7B - there is no class on Oct. 31st or Nov. 11th. Session 7B classes will be \$25.

Intermediate/Advanced - 45 min.

These swim lessons are designed to meet each participant's personal goals within a group setting.

Instructors work with each participant to refine skills such as treading, diving, and stroke development.

This class usually takes place in the lap pool, however it may move to shallow water if needed.

Adult/Teen Advanced Lessons

Session 7A:

<u>Day</u>	<u>Dates</u>	<u>Times</u>	Cost
M/W	10/7 - 10/23	7:00pm	\$30
Session 7	<u>'B:</u>		
M/W	10/28 -11/13	7:00pm	\$25

Water Aerobics/ Fitness - 6 Weeks + 3 Weeks

Jump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Age: 13 & Older *For Session 7 - There is NO class on Oct. 25th or Nov. 11th. Class prices may vary.

Aqua Fit - 60 min.

Uses water resistance and equip for a challenging work out!

- Aims to improve cardiovascular endurance, muscle tone, and strength
- Takes place in shallow water (3ft-5ft) •

Deep Water Aerobics - 60 min.

- Use water belts and noodles for a deep water exercise!
- Takes place in deep water (5ft-7ft), comfortability while in deep water is recommended.

Combo Aerobics - 60 min.

- Group games and activities are combined for an exciting and interactive work out!
- Takes place in deep/ shallow water (3ft-7ft)
- Burn 400-600 calories each class!

Private Lessons

Private Lessons - 30 min.

We offer private lessons that allow participants of any age (6months and older) or ability an opportunity for oneon-one attention and feedback from quality instructors.

*Children 3yrs or younger will need an adult in the water!

Sign ups are first come, first served!

Agua Fit Session 7 Day Dates Times Cost T/TH/F 10/8-11/16 9:30am - 10:30am \$51* WAs Mini Session: Dates Times Cost Day_ T/TH/F 12/3-12/20 9:30am - 10:30am \$27 Activity Code: 752110 - 02

Session 7	Deep v	valer Aeropics	
Day	Dates_	Times	Cost
T /TH	10/8-11/14	8:15am - 9:15am	\$36
WAs Mini S	Session:		
<u>Day</u>	Dates	<u>Times</u>	<u>Cost</u>
T /TH	12/3-12/19	8:15am - 9:15am	\$18
Activity Co	ode: 752110 -	01	

Doon Water Aerobics

Combo Water Aerobics

Session 7			
Day	Dates	Times	<u>Cost</u>
M/W	10/7-11/13	9:00am - 10:00am	\$33 *
<u>WAs Mini</u>	Session:		

<u>Day</u>	Dates	<u>Times</u>	<u>Cost</u>
M/W	12/2-12/18	9:00am - 10:00am	\$18

Activity Code: 752110 - 00

Private Lessons

<u>Day</u>	Dates	<u>Times</u>	<u>Cost</u>	
Friday	10/11 - 11/15	3:00 PM 3:30 PM	\$28	
		4:00 PM 4:30 PM		
		5:00 PM 5:30 PM		
		6:00 PM 6:30 PM		
		7:00 PM		
Activity	Code: 752106			



Activity Code: 752107